

## **How are my experiences, health, and success linked to the balance in my name?**

Everything in life is measurable, whether we measure it or not, and accordingly has a connection with mathematics. The scientist seeks an understanding of the physical laws through mathematics. The student of the Kabalarian Philosophy seeks an understanding of the mental laws through mathematics, as well. The two different aspects of mathematics involved are distinguished as quantity and quality: the quantity aspect of mathematics measures the physical; the quality aspect of mathematics measures the mental. By using qualitative mathematics, the mental qualities of the person are revealed.

Although this principle is quite simple to use, it is profound in its ramifications. You are working with a new understanding of mind, and it will open up new vistas as you study this principle. It requires only an open inquiring mind to test and prove it.

## **Why does my name affect all aspects of my life?**

The name represents the mental pattern which stimulates specific qualities of intelligence, which can be constructive or destructive. Destructive mental weaknesses have an impact on our lives, limiting our full potential. Some of us express the destructive

qualities of being stubborn, self-centred, blunt, egotistical, or domineering. Others are limited by the destructive characteristics of indifference, passivity, or negativity. Qualities such as being argumentative, intolerant, and scattering have never created understanding or happiness. Being discontent, small-minded, chaotic, and moody all diminish our success and overall health. Whatever the negative qualities we express, we are undermining the harmony and balance of which we are capable.

These mental weaknesses are linked directly to the unbalanced name. By changing to a balanced name, a name harmonized to your inner potential, you can build greater positivity into your thinking and happiness into your life.

A balanced name is the starting point in the process of developing mental freedom. As you become mentally free of destructive patterns of thought and habits, you will fulfill the greatest potential of mind: to express wisdom and harmony in your words, deeds, and thoughts and bring your ideals into reality.

### **How is health related to my name?**

Health is a reflection of the degree of harmony in the name and mind. If the mind expresses emotional discord, some form of sickness

usually results sooner or later. The body is a reflection of the mental influences acting upon it.

Many recognize that diet influences overall health. If you eat in an unbalanced fashion, is it not the desires of the mind that motivate the eating habits and create the sickness which ensues? Intense destructive emotion adversely affect the physical health as well.

Each mathematical quality is related to a specific physical system in the body. Therefore, those who study Kabalarian Philosophy can predict health weaknesses based upon the imbalance in the name. For instance, some names create potential weaknesses in the extremities and the sensory organs in the head. Other names may develop sicknesses relative to the fluid and lymphatic systems. Others can suffer problems linked to the digestive tract, whereas others are more prone to nervous or mental disorders. Every name can be related to potential health weaknesses because of the relativity between mind and health.

The greater the discord in the name, the greater the potential for a health challenge. Although unknown to medical science, the name is an important factor in health, as it creates both the potential weaknesses in the physical body and the unbalanced desires that lead

to habits and indulgences which aggravate the weakness. These habits lead to a breakdown in the physical systems affected.

### **How is one's success in life related to the name?**

Life is the expression of mind. You live within your thoughts, just as a goldfish lives within the water of its bowl. You cannot escape your thinking pattern, as it is who you are.

Your first name and surname combined attract specific overall conditions in your life, such as disappointments in people, or losses. You may find circumstances force you to start over in pioneering conditions no matter how much effort you put forth. You may find your efforts benefit others, but not yourself. You may find that your success comes only after intense effort over long periods of time. You may find that even if you create a degree of success, an elusive aspect of your ideals remains unfulfilled. You may find that what you really cherish repeatedly go out of your life. You may find that your life has no stability, with constant ups and downs and no accumulation. Each of these conditions is a life pattern or destiny created by the combined names used.

The sum total of all the mathematical qualities present in your name is called the destiny number. It gives an understanding of the

overall pattern of your life. Any change of name will change the outcome of your life. But by changing to a balanced name, you are insured of the best name for your unique potential.

Have you ever wondered why some people attract success? It is linked directly to the mathematical value of their names. Some people gravitate to leadership positions or positions of responsibility because of strong name combinations. Their thinking created by their names attracts these successful conditions.

They say you cannot teach an old dog new tricks; but you *can* change your thinking pattern for the better by using the Mathematical Principle governing thinking. *Change your name and you change your life.*

This does not mean life will automatically improve beyond measure, as nothing comes without effort. But the balanced name will attract better conditions to the degree you incorporate the balance into your daily life.

A balanced name will help develop the resolve to make the changes necessary to free yourself of the destructive habits that hold you back. Life is really very short. Establishing mental balance is required to express your highest potential.

The founder of the Kabalarian Philosophy, Alfred J. Parker, re-discovered this knowledge which has been known in many cultures and ages past. The Kabalarian Philosophy has applied this understanding for over seventy years to help people create greater harmony through a balanced name.

You can help accelerate this balance in your own thinking by gaining an understanding of this principle in the **Life Analysis Training** course. Changing your name is an important step, but understanding the principle is just as important.

You may study the principle before changing your name to give yourself greater confidence in its validity, or you may recognize the truth of this principle and balance your name immediately and then go on to study the course afterwards, the important point is to take both steps.

By studying this principle, you will better understand others, and you will be able to work with them more harmoniously. You will be able to understand and live the qualities that are uniquely your own. *When the student is ready, the master will appear.* We could paraphrase this as when a seeking mind applies the principles, wisdom

is the fruition. To enjoy the understanding and happiness that comes with wisdom, you must make yourself ready for it.

Everything in life has a cause. By learning the importance of the name and by changing your name to a balanced name, you will be taking an important step in becoming master of your destiny. Do not let this opportunity pass you by!

### **What happens when I change my name?**

Changing your name will change your thinking pattern. Young children change more quickly, whereas an older person may wait several months to recognize the changes. If the new name is in great contrast to the previous one, you will recognize the changes sooner. It is like grafting a new branch onto a tree. The old roots are still there, but the new growth will express relative to the new graft.

When a woman marries and takes on her husband's name, often she will experience changes in her health, thinking, and destiny. When the couple says "for better or worse" in their marriage vows, they do not realize how the wife's name change will affect her life.

By changing your name, you are consciously invoking a mental law. This is a fundamental step to creating the health, mental harmony, and peace of mind possible through mental balance.

## **Why do I need to change my name to a balanced name?**

Balancing your name is a fundamental step in balancing the forces of intelligence that your mind draws upon. Will power is not enough. You can change your thinking only so far with the force of will. To eliminate the tensions of the unbalanced name, a change is required. You are working with the law of balance, rather than against it.

By balancing your name, you can create greater confidence leading to more accomplishment, greater harmony leading to better relationships, greater relaxation leading to freedom from tension (which is the root of all sickness), and greater peace of mind leading to mental freedom.

If you were only to balance your name, conditions in your life would gradually improve, but to achieve the maximum benefits in the shortest time, apply this principle every day to understand your family, friends, and associates more completely. Understanding, tolerance, and patience create harmonious and lasting relationships.

Study the positive and negative qualities of mind so you may break the destructive habits which create tension and ill health. This philosophy can give you the understanding, the perspective, and the

techniques for creating peace of mind. Certainly there are those who will object to your changing your name. It is only natural that those who care about you, friends and family, will question your actions. If they cared about you and understood this principle, they would urge you to proceed. Invariably, most families will accept the new balanced name.

You must choose between your present state of mind and the potential for so much more. After you have the confidence that this principle works, just do it! The Kabalarian Philosophy offers a **Balanced Name Recommendation** service where experts in name work with you to choose a balanced name suited to your unique potential.